

Debit Debits

Benefits

Notes

d/d
3 months

On regulars
list

£5 per
session.

Reduced join up
fee of £50

d/d
6 months

On regulars
list

£4.50 per
session.

Reduced join up
fee of £50

d/d over
1 year =
**GOLD
MEMBER**

On regulars
list

£4 per
session over
50 weeks

Reduced join up
fee of £50

Get to them all = £3.84!

GOLD members get free parking and better deals on STEAM ROOM, REFRESHMENTS, and the best options for session prices

If two members sign for two years for two sessions or more a week they both get FREE JOIN UP FEES, GOLD STATUS, + £3.75 PER SESSION OVER A 50 WEEK YEAR

If you know you will be away we can give you equivalent time, free of charge at the beginning of our association (with d/d). Ask us!

Other options

Annual
membership:
Like GOLD but a
huge 25% off!

Cash on the door

£6 per gym
session but no
regulars list
options
The usual £75
join up fee
applies.

Whichever Option
you choose you
will still benefit
from G&T's
superior service
and varied in-
house sessions.
We look forward to
welcoming you.